



Your periods are due soon and you have the preceding PMS-symptoms. You have a bad headache. If you have a painkiller, you can proceed as normal. If not, wait for your next turn.



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Your periods are due soon and you have the preceding PMS-symptoms. You're more tired than usual and even the smallest things annoy you more than usually. You decide to take it easy and give your body some rest. You can proceed next when you throw number 2, 4 or 6 with the dice.



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Your periods are due soon and you have the preceding PMS-symptoms. When you woke up, you noticed pimples on your face and your tummy bloated. You don't feel the most attractive, but these symptoms won't slow you down! You proceed normally.



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Your periods are finished and the levels of oestrogen ("the female hormone") in your body is at it's highest. You feel very happy and that you could do anything! You're especially excited do your schoolwork now. You can take two steps ahead.



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Your periods are due soon and you have the preceding PMS-symptoms. You're super annoyed the whole day and after going home from school, you would like to skip your dance practice. Your friend manages to talk you into going and you attend the practice. Your mood improves and you sleep well the next night. You can take two steps ahead.



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Your periods surprised you in the middle of the day. If you have a period pad, a tampon or a reusable pad, you can proceed normally. If not, wait for your next turn.



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Your periods surprised you in the middle of the day. If you have a period pad, a tampon or a reusable pad, you can proceed normally. If not, wait for your next turn.



Your periods surprised you in the middle of the day: your periods are heavier than normally. If you have two period pads, tampons or reusable pads, you can proceed normally. If not, you'll have to go home in the middle of the school day. Return to the starting point.



Your periods surprised you in the middle of the day: your periods are heavier than normally. If you have two period pads, tampons or reusable pads, you can proceed normally. If not, you'll have to go home in the middle of the school day. Return to the starting point.



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Your periods surprised you in the middle of the day. Regardless of having menstrual products or not, your mum wants you to stay home until your bleeding stops. You can proceed only when you throw 1 or 6 with on your turn.



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Your periods surprised you in the middle of the day. If you have a period pad, a tampon or a reusable pad, you can proceed normally. If not, you can only proceed when you next throw the number 2, 4 or 6.



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Your periods surprised you in the middle of the day. You are in great pain. If you have a painkiller, you can use it and can proceed normally. If not, wait for your next turn.



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Your periods surprised you in the middle of the day. You are in great pain. If you have a painkiller, you can use it and can proceed normally. If not, wait for your next turn.



Your periods surprised you in the middle of the day. There's some blood coming through your pants. You clean yourself in the school toilet, but will have to wait for your clothes to dry. Wait for two turns.



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Your periods surprised you in the middle of the day. Due to your family being poor, you don't have underpants so you need a tampon. If you don't have one, you'll have to go home in the middle of a school day. Return to the start.



Your periods surprised you in the middle of the day. Due to your family being poor, you don't have underpants so you need a tampon. If you don't have one, you'll have to go home in the middle of a school day. Return to the start.



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Your periods surprised you in the middle of the day. Your periods are lighter than normal and you make yourself a pad from toilet paper. You don't have to use a period product and can proceed normally.



Your periods surprised you in the middle of the day. Your periods are lighter than normal and you make yourself a pad from toilet paper. You don't have to use a period product and can proceed normally.



Your periods surprised you in the middle of the day. Your periods are lighter than normal and you make yourself a pad from toilet paper. You don't have to use a period product and can proceed normally.



Your periods surprised you in the middle of the day. Luckily, your friend borrows you a menstrual pad so you don't have to go home or use your own products. You can continue school normally.



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Your periods surprised you in the middle of the day. Your community receives education on menstrual hygiene, following which they build a new toilet in your school. Because you don't have to stay home during your periods anymore, your school performance improves. You can take two steps ahead.



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Your mum becomes seriously ill, and you have to stay out of school to care for your younger siblings.

Unless you have a grandma who offers to care for the siblings for you, you'll have to return to the start. If you have a grandma-card, you can use it and continue playing normally.



After your periods started, you are now an adult in your parents' eyes. In Uganda, it means that you are ready to be married. Unless you have a godparent that educates your community about the importance of education, you'll have to return to the start. If you have a godparent-card, you can use it and continue playing normally.



After your periods started, you are now an adult in your parents' eyes. In Uganda, it means that you are ready to be married. Your future husband values education and you can continue going to school. You can continue playing normally.



Your family has only little money and you are needed to help your family at home. Unless you have a grandma who could help you with chores, you can't make it to school every day. Play the grandma-card or wait for your next turn.



Your parents own a farm and there is a severe disease infecting the livestock. Your parents need you to work at the farm and you can't attend school. If you have a grandma or a godparent-card, you can play it or wait two turns.



You've done well in school and learnt to read really quickly. You can take two steps forward.



There's a new well in your village and you don't have to walk so far to get water. You can now attend school more often. You can take three steps forward.



Your dad is ill and you'll have to stay home to help your mum, unless you have a grandma who can help you with work. Play the grandma-card or wait for 3 turns.



Your father finds a new job and you move to the city. Your family can now afford to pay tutoring for you. You can take two steps forward.





Your family has a lot of savings, which means your school attendance is guaranteed. You can take two steps forward.



They build a new toilet in your school and you can now manage your menstruation much better. You can take two steps forward.



Your mum gets a loan to buy chickens, so your family's got secure income now. You can take two steps forward.





A tampon

You can use the tampon anytime during your periods. You can only use it once, so after you've used it, it will be returned to the deck.



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A tampon

You can use the tampon anytime during your periods. You can only use it once, so after you've used it, it will be returned to the deck



A disposable pad

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A reusable pad

You make a reusable pad with your scout leader's help. You'll have the reusable pad through te whole game and you can use it again and again when periods surprise you.



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A moon cup

You've been gifted a moon cup and it will remain with you throughout the game. You can use it again and again when your periods start.



A moon cup

You've been gifted a moon cup and it will remain with you throughout the game. You can use it again and again when your periods start.



A painkiller

A painkiller will help with period pain and headache during PMS. You can use it once, after which it will be returned to the deck.



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A godparent

A godparent can help you when surprising life events happen. You can play this card once, after which it will be returned to the deck.



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A grandma

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